

Restrictive Interventions Policy

Our Commitment to Our Clients: The mission of Elements Assessment Behaviour Consulting (EABC) is to empower others to reach their personal goals and experience positive changes in their life through person-centred care; where kindness, authenticity, safety, inclusion, proactive engagement and specialist knowledge are at the core of all of our relationships and services.

Context:

Restrictive practices refers to interventions which infringe on an individual's basic rights. Restrictive practices includes:

- Seclusion (forcing the person to be in a confined space by him or herself)
- Physical Restraint (using physical force to restrict a person's movement)
- Mechanical Restraint (using objects to restrict a person's movement)
- Chemical Restraint (using drugs or medications to alter the person's behaviour)
- Isolation (separating the individual from his or her peers for extended or constant periods of time)
- Environmental (restricting a person's access to areas, activities, or items)

Restrictive practices can represent serious human rights infringements. Any use of restrictive practices must follow a strict set of guidelines for implementation and oversight. Restrictive practices may only be used as a means of last resort when the person's behaviours of concern place them or others at serious risk of significant injury or death. All uses of restrictive practice must be documented and reported. Anyone who is the recipient of restrictive practices must have a functional behaviour assessment and behaviour support plan conducted and written by a specialist behavioural practitioner.

The NDIS Commission Rules outline the requirements for registration and monitoring of restrictive practices used in behaviour support plans for NDIS participants. www.legislation.gov.au/De-tails/F2018L00632

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If a service user's behaviours of concern are putting either themselves or others at risk, a regulated restrictive practice may be required. If this is the case, a behaviour support plan must be developed and lodged with the NDIS Commission.

If a restrictive practice is used, it must:

- Be the least restrictive response possible
- Reduce the risk of harm to the service user and/or others
- Be used for as little time as possible

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Date Written: 24/04/2023

Reviewed:

Related Documents

- National Disability Insurance Scheme (Restrictive Practices and Behaviour Support) Rules 2018
- EABC Information Booklet